



LUNCH MENU CAM COMMUNITY SCHOOLS NOVEMBER, 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>28</p> <p>Meatball Sub Romaine Lettuce w/Low Calorie Dressing FF Orange Wedges</p>	<p>29</p> <p>Chicken Fajita Red & Green Pepper Strips Refried Beans Pineapple Spanish Brown Rice</p>	<p>30</p> <p>Turkey Club Wrap Lettuce & Tomatoes Cucumber Slices w/Low Cal Ranch Sidekick Sun Chips</p>	<p>31</p> <p>Potato Wedge Bar Chicken Taco or Ham Hot Cheese or Shredded Steamed Broccoli Mandarin Oranges Butter / PB Sandwich</p>	<p>November 1</p> <p>Pizza Romaine Lettuce w/Low Calorie Dressing Peaches Chips</p>
<p>4</p> <p>Chicken Nuggets Spiral Fries Celery W/Low Cal Ranch Apple Wedges</p>	<p>5</p> <p>Cheeseburger on Bun W /Lettuce and Tomato Smiles Baby Carrots W/Low Cal Dressing Mandarin Oranges</p>	<p>6</p> <p>Chicken Alfredo Mixed Salad w/Low Cal Dressing Cooked Broccoli Apricots Bread Stick</p>	<p>7</p> <p>Beef Nachos w/ Tortilla Chips Salsa & Tomato Romaine Lettuce w/Low Calorie Dressing Refried Beans Strawberries Bread & Butter Sandwich</p>	<p>8</p> <p>Panini Mixed Salad w/Low Cal Dressing Cucumbers Chips Banana</p>
<p>11</p> <p>Walking Taco Mixed Lettuce w/Low Calorie Dressing Tomato & Salsa Refried Beans Pears Bread & Butter Sandwich</p>	<p>12</p> <p>Burrito Baby Carrots w/Low Cal Ranch Grapes Spanish Brown Rice</p>	<p>13</p> <p>Little Smokies Mac & Cheese Cauliflower/Broc Fruit Cocktail</p>	<p>14</p> <p>Chicken Sandwich Tri Tater Cucumbers W/Low Cal Ranch Orange Slicces</p>	<p>15</p> <p>Scalloped Potato & Ham Corn Pineapple Roll</p>
<p>18</p> <p>Chili w/Beans Celery w/Low Cal Ranch Sidekick Cheese Sandwich Saltine Crackers</p>	<p>19</p> <p>Popcorn Chicken FF's Mixed Salad w/Low Cal Dressing Mandarin Oranges</p>	<p>20</p> <p>Hot Dog on Bun Smiley Fries Baked Beans Tropical Fruit</p>	<p>21</p> <p>Turkey or Ham Mashed Potatoes & Gravy Green Bean Casserole Corn Applesauce Roll. Dessert</p>	<p>22</p> <p>Cheese Bread Baby Carrots w/Low Cal Dressing Chips Peaches</p>
<p>25</p> <p>Chicken Strips Curly Q'S Pasta Salad Fruit Cocktail PB or B&B Sandwich</p>	<p>26</p> <p>Mandarin Chicken Cooked Broccoli White Rice Variety Fruit Roll</p>	<p>27</p> <p>NO SCHOOL</p>	<p>28</p> <p>Thanksgiving NO SCHOOL</p>	<p>29</p> <p>NO SCHOOL</p>

Menus are subject to change without notice.

Dried fruits are available as a 2nd fruit if needed daily.